



Hart Junior High Relays
Time Schedule
Tuesday, March 9, 2010

2:15 p.m. - 3:15 p.m. Scratch Meeting- High School Gym

3:45 p.m. First round of all field events (4 attempts)

	<u>Long Jump</u>	<u>High Jump</u>	<u>Triple Jump</u>	<u>Shot Put</u> (West Ring)	<u>Discus</u> (West Ring)
Round 1	8 th Boys	7 th Girls	8 th Girls	8 th Girls	7 th Boys
Round 2	7 th Boys	8 th Boys	7 th Girls	7 th Girls	8 th Boys
Round 3	8 th Girls	7 th Boys	8 th Boys	7 th Boys	8 th Girls
Round 4	7 th Girls	8 th Girls	7 th Boys	8 th Boys	7 th Girls

** Long Jump-South Runway inside track field
 ** Triple Jump-North Runway inside track area

Running Finals will start at approximately 5pm

Running Events

- 400 meter relay
- 800 meter relay
- 100 meter hurdles (30")
- 110 meter hurdles (7th-33"/8th-36")
- 100 meter dash
- 800 meter relay
- 400 meter dash
- 300 meter hurdles (girls-30"/boys-33")
- 200 meter dash
- 1600 meter run
- 1600 meter relay

Running Order

- 7th Girls
- 8th Girls
- 7th Boys
- 8th Boys